

Frankie's Knitted Stuff

Booties for Grown-Ups

These simple garter stitch booties will stretch to fit most adult feet and are knitted in thick wool to be extra warm. They are knitted in one piece with only two short seams to sew up and are quick to make.



Materials

70g chunky yarn

I used Sirdar Connemara Tweed Effect Chunky (75m / 50g).

5mm / US size 8 needles.

Tension

8 sts and 16 rows = 2"², worked over garter stitch.

The Knitting

After the first row slip the first stitch of all rows knitwise to give a neat edge.

Begin at the back of the heel.

Cast on 16 sts.

Knit 6 rows.

Cut the yarn and push the knitting to the bottom of the needle.

On the same needle cast on another 16 sts.

Knit 6 rows.

Now these two pieces of knitting will be joined together and the rest of the bootie knitted in one piece. I found it useful to use a row counter to keep track of the rows, but only counting the plain knitted rows not the shaping ones.

Next row: K16, cast on 8 sts, K16 from the first piece (40 sts).

Knit 10 rows.

Next row: K10, (K2tog) twice, K12, (K2tog) twice, K10 (36 sts).

Knit 10 rows. Place a marker at each end of the row.



Next row: K8, (K2tog) twice, K12, (K2tog) twice, K8 (32 sts).

Knit 10 rows.

Next row: K6, (K2tog) twice, K12, (K2tog) twice, K6 (28 sts).

Knit 10 rows.

Next row: K5, (K2tog) twice, K10, (K2tog) twice, K5 (24 sts).

Knit 5 rows.

Next row: (K2tog) twelve times (12 sts).

Knit 2 rows.

Next row: (K2tog) six times (6 sts).

Leaving a long tail, cut the yarn and thread through these six sts to fasten off. Join the front seam as far as the markers or to the desired height.

Now go back to the start of the knitting to sew up the back of the bootie. The two cast on edges will be joined to make a seam going down the back of the heel. If you hold these together you will see how the sides of the two original strips of knitting meet in the centre to shape the heel. Sew the heel together and your bootie is finished.



Abbreviations

st / sts	stitch / stitches
K	knit
K2tog	knit two stitches together

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